

# **TRAINING: FUNDAMENTALS OF AESTHETIC ACUPUNCTURE**

## **LEVEL 1**

INSTRUCTOR: AMRIT SINGH, R AC

**October 19, 2024**

This intensive one-day course will provide an in-depth exploration of the fundamental principles of aesthetic acupuncture. Participants will acquire the basics of a complete facial protocol, skin health, muscle anatomy, and the integration of acupuncture and Chinese medicine to promote natural and graceful aging.

Additionally, participants will cover topics such as treatment planning, business growth, and effective social media marketing strategies. The course will include numerous supervised practice sessions.

### **Course Description:**

- **Introduction to Aesthetic Acupuncture**
- **Integration of Aesthetic Acupuncture Techniques** into the acupuncturist's repertoire
- **Skin and Facial Anatomy:** Understanding the anatomical foundations of rejuvenation through acupuncture
- **Aging Processes and Strategies:** Applying acupuncture methods to treat aging and skin issues across different age groups
- **Aesthetic Acupuncture Techniques:** Learning a complete facial protocol to promote facial vitality and rejuvenation
- **Treatment Plans:** Developing effective treatment plans tailored to individual needs
- **Supervised Practice Sessions:** Practice sessions under the instructor's supervision
- **Meridians and Aging:** Understanding the link between aging and acupuncture meridians
- **Holistic Communication:** Gaining confidence in communicating about natural beauty enhancement and business strategy elements

This comprehensive course will enable participants to skillfully apply aesthetic acupuncture techniques while fostering a deeper connection between ancient knowledge and modern aesthetics. By the end of this course, participants will have the expertise to holistically address their patients' aesthetic aspirations and promote their inner and outer radiance.

**Date:** October 19, 2024

**Schedule:** 9 AM to 6 PM

**Location:** Collège de Rosemont, 6400 16th Avenue, Montreal (Room to be confirmed)

**Certification:** A certificate of completion issued by Collège de Rosemont, awarding 8 hours of continuing education, will be given to all participants who complete the training, pass the evaluation, and confirm their attendance at an 80% ratio.

**Evaluation:** On-site evaluation during the practical part

**Cost:** \$400

**Cancellation Policy:** The cancellation policy is strict: any cancellation must be made in writing or by email to Marilyne Meloche at the following address: 6400 16th Avenue, Montreal H1X 2S9, or via email at [fcacupuncture@crosemont.qc.ca](mailto:fcacupuncture@crosemont.qc.ca) before **October 1, 2024**. For any cancellation made after this date, no refund is possible. However, if the college cancels the activity, the full amount will be refunded.